

# MANOUSHEH

Customize your flatbread by choosing one of the following dough options:

○ white ○ whole wheat ○ whole wheat sourdough: leavened with our homegrown natural yeast and fermented for a minimum of 36 hours +0.50€

## VEGETARIAN

**ZAATAR & HALLOUMI 9.75**

Zaatar, cheese, fresh mint, tomatoes & cucumbers.

**ZAATAR & LABNEH 8.50**

Zaatar, labneh, fresh mint, tomatoes & cucumbers.

**AUBERGINE & LABNEH 10.50**

Roasted aubergines with lentils, caramelized onions & cinnamon, labneh, salad & cranberries.

*p.s. all our doughs are made with locally sourced flour & contain zero sugar or additives!*

## SOUP

**CUP OF LENTIL SOUP (VEGAN)\* 4.75**

Red lentil soup with coconut milk. Ask for a taster!

**BOWL OF LENTIL SOUP (VEGAN)\* 8.50**

Red lentil soup with coconut milk served with zaatar-roasted bread or gluten-free crackers.

## MEAT

**BEEF & LABNEH 11**

Lebanese-spiced minced beef with pomegranate molasses, pine nuts, your choice of labneh or hummus, fresh mint & tomatoes.

**CHICKEN & LABNEH OR HUMMUS 11.50**

Lemon paprika chicken with toasted almonds, your choice of labneh or hummus, salad & pomegranate-sumac dressing.

**LAMB & TARATOR 11.50**

Lamb/beef mince with pistachios, almonds, raisins, tarator (tahini dip) & salad.

## SIDES

**HUMMUS (VEGAN)\* 4.95**

Homemade with lemon, garlic & tahini served with zaatar-roasted bread or gluten-free crackers.

**BABAGANOUI (VEGAN)\* 5.95**

Homemade creamy roasted aubergine dip with tahini, lemon & a hint of garlic served with zaatar-roasted bread or gluten-free crackers.

## VEGAN

**BABAGANOUI & GREENS 7.75**

Homemade creamy roasted aubergine dip with tahini, salad, pomegranate-sumac dressing & zaatar-roasted crunchy bread.

**SPINACH & SWEET POTATOES 9.95**

Lemon-sauteed spinach with sumac & chickpeas, hummus, zaatar-roasted sweet potatoes & cranberries.

**ZAATAR & HUMMUS 8.50**

Zaatar, hummus, fresh mint, tomatoes & cucumber & olive oil.

**LABNEH (VEGETARIAN)\* 4.95**

Homemade yogurt-based cheese served with zaatar-roasted bread or gluten-free crackers.

**ZAATAR & HONEY CASHEWS\* 4.95**

Oven roasted cashews with zaatar & honey.

**ZAATAR & HONEY PECANS\* 5.95**

Oven roasted cashews with zaatar & honey.

# DRINKS

**HIBISCUS LEMONADE\* 3.25**

Homemade with grenadine syrup & rosewater.

**GINGER LEMONADE\* 3.25**

Homemade with ginger, lemon & mint.

**FRITZ COLA 3.50**

Reg or zero.

**WATER 3.00**

Still or sparkling.

**MINT OR YENSOUN TEA 3.25**

Fresh mint or lebanese anise seed tea.

**LEBANESE BEER 3.95**

Almaza, a premium pilsner.

## SWEET TREATS

**LABNEH, SUMAC & OLIVE OIL CAKE\* 3.95**

Moist & fluffy cake made with olive oil, labneh, sumac & topped with a lemon glaze.

**CHOCOLATE LOG (VEGAN)\* 3.95**

Homemade dark chocolate & cookie roll.

PLEASE INFORM OUR STAFF OF ANY FOOD ALLERGIES

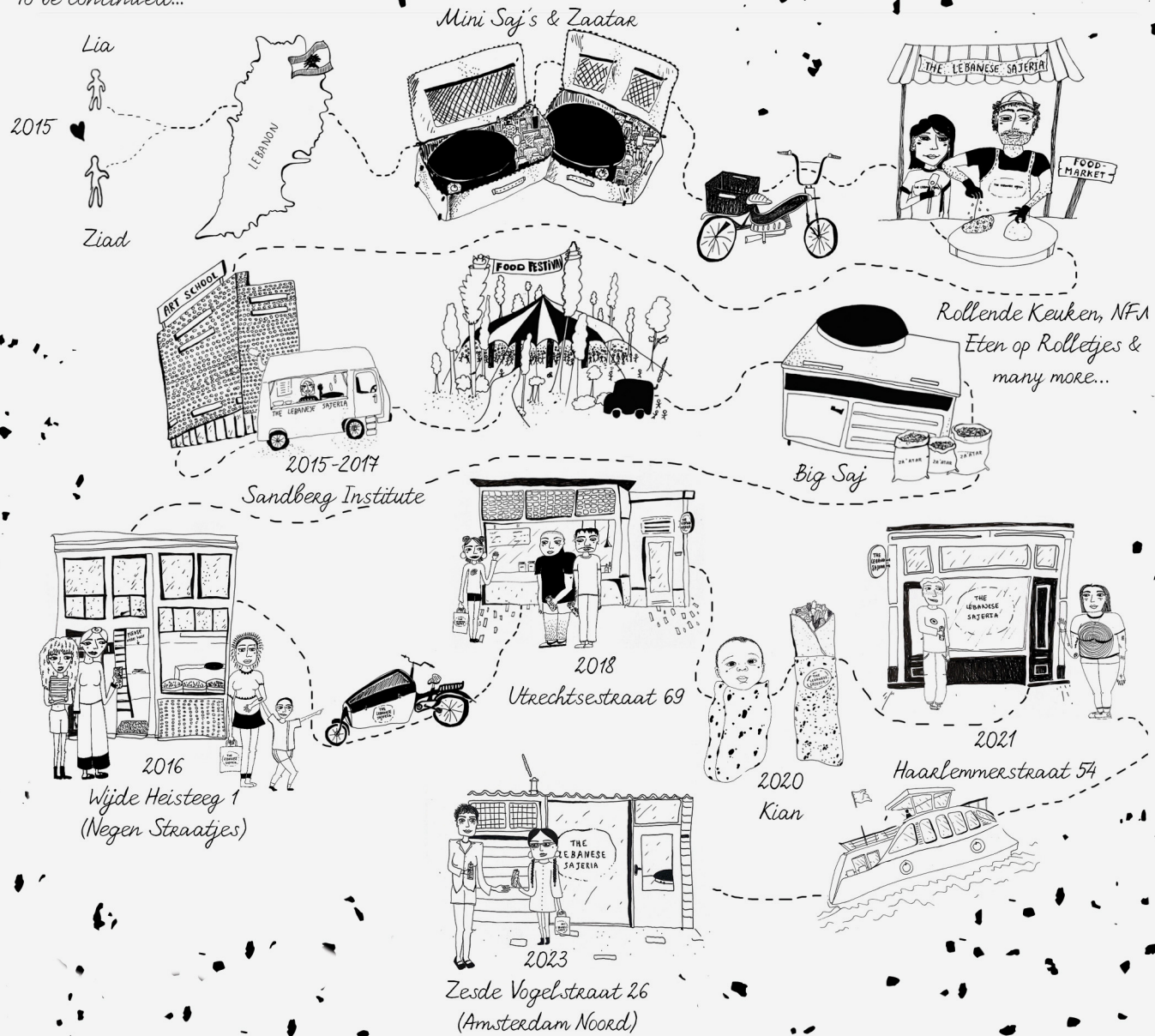
**PLEASE ORDER AT THE COUNTER!**

We recommend enjoying our manoushes as they are, however, if you feel like adding a topping, you can add: zaatar +2.25€; fattoush +2.25€; sweet potatoes +2.25€; halloumi +4.25€; hummus +3.25€; labneh +3.25€; aubergines +4.50€; spinach +4.25€; beef +5 €; chicken +5€; lamb/beef mince +5.75€; and for an extra portion of crunchy bread/gluten-free crackers +2.50€.

\*WE ARE OBLIGED BY LAW TO CHARGE +10CT FOR ALL OUR TAKEAWAY CONTAINERS.

# OUR STORY

From foodtruck to restaurant.  
Check out our milestones below.  
To be continued...



# PANTRY PRODUCTS

We sourced the most flavourful ingredients we could find in Lebanon and packed them up for you to enjoy in the comfort of your own kitchen. Our pantry products all come from Fairtrade farming cooperatives and pass our discerning standards for texture and taste. Pick up a jar (or few) and get creative with your home cooking.

- ZAATAR** 7.95  
Lebanese spice mix made of wild thyme, sumac, roasted sesame seeds & salt.
- SUMAC** 5.85  
100% pure ground sumac berries.
- TAHINI** 9.65  
100% pure sesame seed paste.
- PICKLED WILD CUCUMBER** 8.50  
Salty, sour crunchy pickles.
- FIG JAM** 6.85  
Lebanese figs & sesame.
- PUMPKIN IN SYRUP** 6.85  
Pumpkin in a lightly sweet syrup.
- CAROB MOLASSES** 8.85  
100% pure carob molasses.

THE  
LEBANESE  
SAJERIA

# MENU

EAT IN/TAKEAWAY/CATERING

Zesde Vogelstraat 26  
1022 XE Amsterdam  
020 235 21 54  
(only pick up & delivery)

Haarlemmerstraat 54  
1013ES Amsterdam  
020 612 73 24

Wjide Heisteeg 1  
1016AS Amsterdam  
020 737 33 86

Utrechtsestraat 69  
1017VJ Amsterdam  
020 737 18 14

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AVAILABLE ON UBEREATS OR  
CLICK & COLLECT VIA OUR WEBSITE

